

# Rights and Restrictions

## Training Outline

All individuals obtaining services shall be respected and protected and receive dignity and individual rights.

Individuals receiving services with CHAMPIONS have the same legal rights and responsibilities that are guaranteed to every individual under federal and state constitutions and state and federal laws.

- Rights will NOT be treated as privileges.

Successful treatment/habilitation rest on the active participation of Champions' staff, individuals being served, family members, and their community.

- Individuals are entitled to real and effective services in the least restrictive environment required to meet their needs.
- Individuals, most importantly, are entitled to receive individualized programs plan built around their
  - Needs
  - Developmental and Cognitive understanding level
  - Strengths and Weaknesses
  - Social and Cultural Background
- All persons have the right to interact with other persons without disabilities in their community, work, and leisure settings whenever possible.

Restrictive measure must be the least restrictive and intrusive as possible and there must be a goal of reducing and eliminating the restrictive measure.

- The restrictive measure must NOT be used as
  - Punishment,
  - The convenience of staff
  - Staff shortage
  - Substitution for habilitation
  - Part of a positive behavior support plan

## Prohibited Practices

- Mechanical Restraints
- Mistreatment
- Neglect
- Restraint

INSTRUCTOR: \_\_\_\_\_

## Rights and Restrictions

- Abuse of *any* kind (sexual, verbal, mental, emotional, etc.)
- Seclusion
- Exploitation
- Denial of nutritionally adequate diet
- Denial of proper hygiene practices
- Denial of proper sleeping arrangements

There are some Rights which can be *denied* or *modified* through proper procedures, or court (due process) or during voluntary, informed consent.

- Right to liberty
- Right to have and use one's money as one desires
- Right to enter into a contract, marry, and exercise other citizenship rights
- Right to refuse treatment;
- Right not to be subjected to experimental research (this includes new, unapproved behavior modification techniques)
- Right to make and receive telephone calls
- Right to have visitors
- Right to have opportunities to interact with individuals of the opposite sex
- Right to privacy
- Right to have regular (daily) outdoor exercise or recreational outlets
- Right to open and read one's own mail.

INSTRUCTOR: \_\_\_\_\_